

BEVERAGES

Coffee 4.5

Hot chocolate, Mocha or Chai powdered latte 5.0

Turmeric spiced latte 6.0

Iced milk or Black 6.5

Extras 0.5 (mug, extra shot, decaf, soy, almond, oat, lactose, flavoured syrup (vanilla, caramel, hazelnut))

T-Nomics Tea 5.0

English breakfast, Royal earl grey, Jasmine green, Peppermint, Chamomile,

Lemongrass & ginger, Orange & hibiscus

Masala chai leaves (brewed with honey & milk) 6.0

Cold Pressed Juices 7.5

Valencia Orange- 100% Oranges

Gingered Apple- Green Apple, Ginger, Lemon

Watermelon+- Watermelon, Apple, Strawberry, Lime

Love Beets- Beetroot, Carrot, Apple, Ginger, Lime

Daily greens- Celery, Apple, Silverbeet, Pear, Lemon, Ginger, Functional Botanicals.

Sublime Pine- Pineapple, Pear, Apple, Lemon, Mint

Smoothies 9.5

Banana or Strawberry (milk, yoghurt, honey)

Banana bender (banana, choc protein, milk, cinnamon)

Water & Soft drink

Still water 4.0

Sparkling water 4.5

Coke, Coke zero 4.0

Lemon Lime & Bitters 5.0

Lemon Ice Tea 5.0

BREAKFAST

DIY Brekkie

Eggs your way (poached / scrambled / fried) served with toast of your choice and Pepe Saya cultured butter. 15

Sides: Tasmanian smoked salmon / Bacon / Chorizo sausage. 6.0
Persian feta / Avocado 6.0

Portobello mushroom / Roasted cherry tomatoes. 5.5

Toast

Artisan sourdough / Soy & linseed / Rye / Turkish. 6.5

Fig & raisin / NY bagel / Gluten free. 7

Condiments: Vegemite / Peanut butter / Wild blossom honey /
Hanks strawberry jam / Philly cream cheese

Granola- House baked honey and cinnamon granola served with Evia yoghurt, peach and berry compote. 14

Bircher muesli- Oats and cranberries soaked in apple juice, Evia yoghurt, grated apple, almonds, toasted coconut and strawberry. 15

Truffle Mushroom Toastie- Oven roasted portobello mushrooms, fried egg, provolone cheese and truffle mayo. 16

3 Egg Omelette- Roasted mushroom, grilled chorizo sausage, feta & shallots with watercress and sourdough toast. 24

Greek Brekkie- Fried eggs with oregano, fresh avocado, cherry tomato, crumbled feta and grilled flatbread. 24

Smashed Avo- Sourdough, chunky avocado, cherry tomato, rocket, crumbled feta, poached egg, shaved almonds and balsamic. 23

Labneh Eggs- Poached eggs, romesco sauce, grilled asparagus, roasted mushroom, watercress and labneh on Sourdough. 23

Chilli Scrambled Eggs- Two scrambled eggs whipped with house made chilli oil, Persian feta, avocado, lemon rocket and basil pesto. 23